

Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Daniella for more information.

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings and activities to sign up for!

Barrie Public Library Books

Large print Barrie Public Library books and DVD's are always available in the **Lifestyle Office**

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Abreu, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Darlene Guirey, Dietary Manager - darlene@simcoeterrace.com

Daniella Ventimiglia Lifestyle Consultant - daniella@simcoeterrace.com



Simcoe Terrace

Retirement Residence

44 Donald Street

Barrie, Ontario

L4N 1E3

705-722-5750

info@simcoeterrace.com

Simcoe Terrace Retirement Residence

August 2017 Issue



The Terrace Tribune

Hello August!



Message from the GM

Summer is entering it's last full month and it seems like we have had more rain than hot weather. Watch August prove me wrong.

July marks the end of an era at Simcoe Terrace as Dil, our long time hairstylist and barber is moving from Barrie and will no longer have her shop here. We have recruited a very capable successor who will start in mid August. Good luck to you Dil from all of us.

Minor repairs to the building will begin in early August to remove and replace some drywall damaged by the flood that occurred earlier in June. These repairs shouldn't affect anyone. Also, repairs to the driveway should begin in August.

Take care everybody,
Michael Ayers,
General Manager

Welcome to the Terrace

David Hornsby

August Outings

Elmvale Jungle Zoo

Monday August 28th we will be going to the Zoo. We will travel by bus leaving ST at 9:30am, and leaving the zoo at 2:00pm.

Admission is approximately \$13.00-15.00 (exact money owed will be confirmed by Daniella on Aug 9th). Daniella will bring a bagged Lunch from the Kitchen for Residents, or there is a chip truck available at your own expense. There is a limit of 10

Residents. You must sign up in the Leisure Binder at the front desk by Wednesday August 9th, and Money must be in by Friday August 18th.



Please note that unforeseeable circumstances may require outings to be postponed or cancelled

Resident Council News

2017 Resident Council Members:

Margaret Milne - Library/Secretary Committee

Barb Lane - Welcoming Committee

Falk Stethin - Recreation Committee

Judi Cadman and Anne Oldcorn - Treasury/Fundraising Committee

**Please continue to use the suggestion box located in the
Front Lounge!**

Highlights of the Month

Solar Eclipse!

Keep your eyes peeled on Monday August 21st between 1:15pm and 3:45pm for a partial solar eclipse! A Partial Solar Eclipse happens when the Moon comes between the Sun and Earth, but the Moon only partially covers the Sun's disk.

Looking Ahead...2017 Annual Family BBQ!

Our Annual Family BBQ at Simcoe Terrace will be held Thursday September 14th from 5pm-7pm. Entertainment will be provided by Eric Kidd, and we will have visits from the Barrie Classic Thundercars. BBQ is free to all friends and family. Residents can RSVP # of guests in the leisure binder, or families/friends can email daniella@simcoeterrace.com or call the home at 705-722-5750.

St. Mary's Church Update

St. Mary's Catholic Church will no longer be servicing Simcoe Terrace on the third Tuesday of every second month. Communion will still be provided every Saturday at 10:00 in the Sunroom with Deacon Del.

Blue Jays Day!

Wednesday August 9th wear your best Blue Jays attire / blue and white!

Keep an eye on the Calendar!

Aug 7—Civic Holiday

Aug 9—Blue Jays Day!

Aug 11—Program Chat with Daniella

Aug 14—Foot Care week 2

Aug 14—VOXX Neurological Socks Sale

Aug 18—Ladies Wine and Cheese, Please!

Aug 21—Hiway Singers Performance

Aug 22—Music with David

Aug 23—Food For Thought Menu Chat with Darlene

Aug 25—Men's Beer & Billiards

Aug 28—Elmvale Zoo

Aug 29—Resident General Meeting

Aug 29—August Birthday Bash with "In Good Company"



Resident's Corner

Flowers, Stones and Signs for August Babies

The August Birth Flower is the **Gladiolus** and the **Poppy**. The gladiolus, or 'sword lily,' represents remembrance, calm, integrity, and infatuation, and indicates that the heart is being pierced with love. The poppy can mean many things: a red poppy signifies pleasure; a white poppy is given for consolation; and, a yellow poppy wishes wealth and success.

August Babies are lucky to have three birthstones: **Peridot**, **Sardonyx** and **Spinel**. **Peridot**, also known as "the Evening Emerald" because its sparkling green hue looks brilliant any time of day, it is said to possess healing properties that protect against nightmares and evil, ensuring peace and happiness. Used as a stone of strength and protection since ancient times, **sardonyx** is associated with courage, happiness, and clear communication. Some believe that placing sardonyx at each corner of a house will grant protection against evil. The **spinel** is often assumed to be other gemstones because it tends to resemble either a ruby or sapphire. In fact, some of the most famous rubies in history have turned out to be spinel. But its distinguishing features, like its octahedral crystal structure and single refraction, are what sets it apart from other gems

Leo July 23 to August 23 / Virgo Aug 23 to Sept 22



Boyd Balkwill August 4

Mabel Tessier August 8

Fred Mogelin August 10

Helen Bradley August 13

Robin Wigg August 16

Bea Brown August 28

Join us on Tuesday August 29th in the
Activity Room at 2:00pm for our August Babies Birthday Party with "In Good Company"! Cake and ice cream will be served!

Athletes of the Month!

Can you beat these amazing achievements?

Prove it!

Darts:

Evelyn F total month score of 190!

Floor Kurl:

Red Team with 3 wins!

Carpet Bowling:

Arthur C total score of 63!

Ladder Ball, Best 2 of 3:

n/a

Bean Bag Toss:

Evelyn. F total score of 532!

Bingo: Iona S: 16 BINGO's!

Shuffleboard:

Table #1: Muriel L total moth score of 3512! **Table#2:** Evelyn F. total month score of 3821!